

Looking for a straight talking health and safety consultant to support your business?

Office Injuries

- Trips – trailing cables from electrical equipment, uneven floors or general poor housekeeping can lead to trips and falls.
- Slips – wet floors, even from small spillages, can lead to falls resulting in considerable injury, bruises and broken bones.
- Electric Shocks – can be caused by faulty and poorly maintained electrical equipment.
- Back Injuries – lifting heavy boxes or other weighty objects incorrectly can lead to severe back and neck injuries.
- Repetitive strain injury (RSI) – injuries to forearms and hands caused by bad ergonomic planning to workstation set up and use.

Slips, Trips & Falls

More than 1,000 workers a month suffer serious injuries as a result of a slip, trip or fall at work.

In the office, injuries can be avoided by taking several simple steps, including ensuring that:

- corridors, stairs, fire escapes, work areas, etc. are free from obstruction
- staircases are kept clear of obstructions
- handrails are available and are robust
- lighting levels are not too low and are not creating glare on smooth flooring, etc
- any spillages cleaned up immediately
- trailing cables are avoided or are routed properly or otherwise protected
- any work at height that is necessary is controlled properly
- housekeeping standards are checked and monitored

Call us
on
01509
550023

Advice and Expertise

As a client, whatever advice your company requires, our consultants are on hand to provide it. We speak your language and work with you to deliver a service that meets the needs of your business.

We can assist with the development, maintenance and implementation of safety management systems that will meet your company's needs

We can:

- Provide you with easy to understand reports.
- Identify areas of weakness and provide practical recommendations for compliance and good working practices.
- Prepare a detailed action plan to ensure compliance in a practical and timely manner.
- Give you peace of mind that your company is operating safely.

Prevention

- Train all display screen equipment users in the set up of workstations
- Maintain good housekeeping standards to prevent slips, trips and fall injuries and reduce risk of fire.
- Dispose of workplace waste on a regular basis.
- Maintain all equipment properly (PAT tested where necessary) and remove faulty items from service.
- Provide appropriate manual handling training.
- Provide induction training included regular fire drills
- Ensure control procedures are in place to reduce risks which cause work related stress.

"Our business has benefited from the friendly, professional service and the timely advice provided to us by LRB Consulting"
Charnwood Fayre (Wholesale) Ltd